# PARENT RESOURCES

It's a unique time to be a kid in today's world. As a parent, you may feel powerless, overwhelmed, and confused about where to begin protecting your kids. Here are some resources for you!



### YOUNG CHILDREN:

### **Digital Safety:**

protectyoungminds.org

#### Safety Lessons:

kidsmartz.org

#### "Good Pictures, Bad Pictures"

Children's book by Kristen Jenson

#### **Safe Online Activities:**

netsmartzkids.org/activities

#### **Apps to Watch Out For:**



# Parent Guide to Smart Phone Safety:



# Talking to Children About Exploitation:

freedom424.org/blog/elementary

### **TEENS:**

### **Pornography:**

fightthenewdrug.org

### How to Talk to Your Teenager About Exploitation and Online Safety:

freedom424.org/blog/teenagers

# Discovering the Harmful Effects of Pornography Documentary:

brainheartworld.org/screening-type

## Addressing an Over Sexualized Culture:

culturereframed.org

### Social Media Safety for Teens:



# Talking to Your Teen About Porn:

fightthenewdrug.org/lets-talk-aboutporn

### Youth Prevention Education:

freedom424.org/educate

